



**Breakfast Prices**  
**Paid: \$1.25**  
**Reduced: \$.30**




# Dalton Local School District High School Menu March 2018

**Lunch Prices**  
**Paid: \$2.80**  
**Reduced: \$.40**  
**Extra**  
**Entrée: \$1.50**



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Available Daily for Breakfast:</b>            Cereal, Cereal Bars, Whole Grain Pop Tarts &amp; Donuts</p> <p><b>Available Daily for Lunch:</b>            Pizza            Chicken Sandwiches            Spicy Chicken Sandwiches            PBJ Sandwich</p>	<p><i>Did you know that if you qualify for free/reduced lunches you also qualify for breakfast?</i></p> <p><i>We have a wonderful breakfast program! Come check us out!!</i></p> <p><i>Start your day right....Eat Breakfast!!</i></p>	<p style="text-align: center;">Benefits of Eating Breakfast</p> <ol style="list-style-type: none"> <li>1 Increase Metabolism</li> <li>2 Maintain or Lose Weight</li> <li>3 Enhance Mood</li> <li>4 Stimulate Intelligence</li> <li>5 Enhance Immune System</li> </ol> <p style="text-align: center;"><small>www.TheSilverPen.com</small></p>	<p><b>Breakfast:</b>            Sausage Pancake Wrap on a Stick w/Syrup            Diced Peaches &amp; Fresh Fruit            Milk</p> <p><b>Lunch:</b>  <b>Entrée:</b>            Fajita Rice Bowl w/Your Choice of Chicken or Teriyaki Beef Served with Warm Tortillas, Peppers &amp; Onions, Fresh Pico De Gallo &amp; Spanish Rice</p> <p><b>Vegetable:</b>            Cowboy Corn &amp; Salad Bar</p> <p><b>Fruit:</b>            Mixed Fruit &amp; Fresh Fruit            Milk Choice</p>	<p><b>Breakfast:</b>            Apple Frudel            Banana or Fresh Fruit            Milk</p> <p><b>Lunch:</b>  <b>Entrée:</b>            Pub Fish Hoagie w/Tartar Sauce, Lettuce &amp; Tomato</p> <p><b>Vegetable:</b>            Steak Fries &amp; Salad Bar</p> <p><b>Fruit:</b>            Applesauce &amp; Fresh Fruit            Milk Choice</p>
<p><b>Breakfast:</b>            Pillsbury Strawberry Mini Pancakes            Diced Pears &amp; Fresh Fruit            Milk</p> <p><b>Lunch:</b>  <b>Entrée:</b>            Bulldog Bowl!            Popcorn Chicken w/Chicken Gravy &amp; Whole Grain Cookie &amp; Shredded Cheese on top of Mashed Potatoes</p> <p><b>Vegetable:</b>            Mashed Potatoes, Steamed Corn &amp; Salad Bar</p> <p><b>Fruit:</b>            Strawberry Cup &amp; Fresh Fruit            Milk Choice</p>	<p><b>Breakfast:</b>            Raised Donuts w/Icing &amp; Sprinkles            Juice Choice            Milk</p> <p><b>Lunch:</b>  <b>Entrée:</b>            Philly Cheesecake Hoagie w/Peppers, Onions &amp; Mozzarella Cheese</p> <p><b>Vegetable:</b>            Steamed Broccoli &amp; Salad Bar</p> <p><b>Fruit:</b>            Diced Peaches &amp; Fresh Fruit            Milk Choice</p>	<p><b>Breakfast:</b>            Make Your Own Yogurt Parfait! Trix Yogurt w/Strawberry Yogurt Chex Mix &amp; Strawberry Cup            Milk</p> <p><b>Lunch:</b>  <b>Entrée:</b>            Meatball Italiano!            Bread Bowl Filled with Beef Meatballs, Marinara &amp; Melted Mozzarella Cheese!            Get out your forks and knives for this one!</p> <p><b>Vegetable:</b>            Steamed Green Beans &amp; Salad Bar</p> <p><b>Fruit:</b>            Clementine &amp; Fresh Fruit            Milk Choice</p>	<p><b>Breakfast:</b>            Breakfast Pizza            Mixed Fruit            Milk</p> <p><b>Lunch:</b>  <b>Entrée:</b>            All American Hot Dog Bar!            All Beef Hot Dog on a Bun w/Toppings to include: Chili, Diced Onions, Shredded Cheese, Relish &amp; Condiments</p> <p><b>Vegetable:</b>            Baked Beans &amp; Salad Bar</p> <p><b>Fruit:</b>            Orange Slices &amp; Fresh Fruit            Milk Choice</p>	<p><b>Breakfast:</b>            Breakfast Bagel w/Sausage, Egg &amp; Cheese            Juice Choice            Milk</p> <p><b>Lunch:</b>  <b>Entrée:</b>            Cheesy Mac w/Honey Pepper Chicken Tenders</p> <p><b>Vegetable:</b>            Glazed Carrots &amp; Salad Bar</p> <p><b>Fruit:</b>            Diced Peaches &amp; Fresh Fruit            Milk Choice</p>

The USDA is an equal opportunity provider of free/reduced lunches. Menu subject to change due to product availability.

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">12</p> <p><b>Breakfast:</b> Cinni Mini Applesauce Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Dalton “Dawg” Burger w/Bacon Round, Cheese, Lettuce, Tomato &amp; Red Onion and Boom -Boom Sauce <b>Vegetable:</b> Oven Baked Fries &amp; Salad Bar <b>Fruit:</b> Assorted Juice &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">13</p> <p><b>Breakfast:</b> Funnel Cake w/Strawberries &amp; Whipped Cream Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Make Your Own Sub Day! Start with a 6” Fresh Baked Sub and Get Your Choice of Toppings to Include: Ham, Turkey or Italian w/Shredded Lettuce, American Cheese, Banana Peppers, Tomato &amp; Red Onion Slices, Assorted Dressings &amp; Choice of Chips <b>Vegetable:</b> Cole Slaw &amp; Salad Bar <b>Fruit:</b> Hot Cinnamon Apple Slices &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">14</p> <p><b>Breakfast:</b> Ham, Egg &amp; Cheese Breakfast Bagel Assorted Juice Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Chinese Take Out Complete with the Mini Pails! Thai Sweet Chili Chicken w/Egg Roll &amp; Sweet &amp; Sour Sauce &amp; Fortune Cookie <b>Vegetable:</b> Vegetable Lomein &amp; Salad Bar <b>Fruit:</b> Diced Pears &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">15</p> <p><b>Breakfast:</b> Sausage Pancake Wrap on a Stick w/Syrup Diced Peaches &amp; Fresh Fruit Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Doritos Extreme Walking Taco w/Beef Taco Meat, Shredded Cheese &amp; Lettuce, Diced Tomatoes, Salsa, Sour Cream &amp; Banana Peppers <b>Vegetable:</b> Fiesta Beans &amp; Rice &amp; Salad Bar <b>Fruit:</b> Mixed Fruit &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">16</p> <p><b>Breakfast:</b> Apple Frudel Banana or Fresh Fruit Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Broccoli &amp; Cheese Bread Bowl or Bosco Sticks w/Marinara <b>Vegetable:</b> Strawberry Spinach Salad w/Raspberry Vinaigrette &amp; Salad Bar <b>Fruit:</b> Diced Peaches &amp; Fresh Fruit Milk Choice</p>
<p style="text-align: right;">19</p> <p><b>Breakfast:</b> Pillsbury Strawberry Mini Pancakes Diced Pears &amp; Fresh Fruit Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Salisbury Steak w/Beef Gravy &amp; Whole Grain Roll <b>Vegetable:</b> Mashed Potatoes &amp; Steamed Green Beans <b>Fruit:</b> Orange Slices Milk Choice</p>	<p style="text-align: right;">20</p> <p><b>Breakfast:</b> Raised Donuts w/Icing &amp; Sprinkles Juice Choice Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> <b>New Item!</b> <b>Introducing SPUDZ</b> <b>A Potato Topping Sensation!</b> Chili Cheese Tots – Your Favorite Spuds Loaded with Chili and Shredded Cheddar Cheese w/Despicable Me Grahams <b>Vegetable:</b> Tots &amp; Salad Bar <b>Fruit:</b> Strawberry Cup &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">21</p> <p><b>Breakfast:</b> Make Your Own Yogurt Parfait! Trix Yogurt w/Strawberry Yogurt Chex Mix &amp; Strawberry Cup Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Pasta Bar! Pasta w/Choice of Marinara or Alfredo Sauce; Grilled Chicken Strips or Meatballs, Peppers &amp; Onions, Mushrooms &amp; Mini Garlic Breadstick <b>Vegetable:</b> Steamed Broccoli &amp; Salad Bar <b>Fruit:</b> Clementine &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">22</p> <p><b>Breakfast:</b> Breakfast Pizza Mixed Fruit Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Taco Salad Beef Taco Filling in a Tortilla Bowl w/Shredded Romaine Lettuce, Diced Tomatoes, Shredded Cheese, Jalapeños, Salsa &amp; Sour Cream &amp; Apple Churro ½ <b>Vegetable:</b> Refried Beans w/Cheese &amp; Salad Bar <b>Fruit:</b> Apple Sauce &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">23</p> <p><b>Breakfast:</b> Breakfast Bagel w/Sausage, Egg &amp; Cheese Juice Choice Milk</p> <p><b>Lunch:</b> <b>Entrée:</b> Breakfast For Lunch! Pillsbury Strawberry Mini Pancakes &amp; Sausage Patty <b>Vegetable:</b> Hash Brown &amp; Salad Bar <b>Fruit:</b> Mixed Fruit &amp; Fresh Fruit Milk Choice</p>
<p style="text-align: right;">26</p> <p>Spring Break See you April 2<sup>nd</sup>!</p>	<p style="text-align: right;">27</p> 	<p style="text-align: right;">28</p> <p>Eat well, think better.</p> 	<p style="text-align: right;">29</p> 	<p style="text-align: right;">30</p> 